## PATIENT INFORMATION LEAFLET GAVISCON PEPPERMINT LIQUID

Sodium alginate, Sodium bicarbonate, Calcium carbonate

Please read this leaflet carefully before you take this medicine. If you are not sure about anything, ask your pharmacist or doctor.

### What is Gaviscon Peppermint Liquid and what is it used for?

Gaviscon Peppermint Liquid belongs to a group of medicines called 'reflux suppressants', which form a protective layer on top of the stomach contents to prevent stomach acid escaping from the stomach into the food pipe causing pain and discomfort.

Gaviscon Peppermint Liquid is used for the treatment of symptoms of gastro-oesophageal reflux such as acid regurgitation, heartburn, and indigestion, which may occur, for example, following meals or during pregnancy.

# **Before using Gaviscon Peppermint Liquid**

#### Do not take this product if:

You know you are allergic to any of the ingredients as very rarely difficulty in breathing and skin rashes have occurred (see further information for full ingredients list).

#### Take special care before treatment with Gaviscon Peppermint liquid:

Talk to your doctor or pharmacist if you need this product on a daily basis for a prolonged period, especially if you have been advised to follow a controlled salt diet (e.g. in some cases of congestive heart failure, kidney problems, high blood pressure and swollen feet, ankles, legs, body etc.)

Use with care if suffering from high blood calcium levels, calcium load in the kidneys or recurrent calcium-containing kidney stones.

This product contains methyl and propyl parahydroxybenzoates which may cause allergic reactions (possibly delayed).

You can take this product if you are pregnant or breast feeding.

#### Taking other medicines:

Do not take this product within two hours of taking other medicines by mouth as it can interfere with the action of some other medicines. This is especially important if you are taking antihistamines, antibiotics (tetracyclines and quinolones such as norfloxacin), iron preparation, antifungals such as ketoconazole, digoxin and beta blockers (for heart conditions), penicillamine (commonly for rheumatoid arthritis), glucocorticoid (for inflammatory and autoimmune disorders), neuroleptics (for mental illness), thyroid hormones, chloroquine (for malaria), estramustine (for prostate cancer) and bisphosphonates (for osteoporosis).

# How to take Gaviscon Peppermint Liquid?

Check that the cap seal is unbroken before first using this product. For oral use. Shake well before use.

#### Adults and children 12 years and over:

Take 10-20ml after meals and at bedtime, or as recommended by the physician.

#### Children under 12 years:

Should be given only on medical advice.

If you take too much of this product you may feel bloated and experience some abdominal discomfort. It is unlikely to cause you any harm, but please consult your doctor or pharmacist.

If you forget a dose, it is not necessary to double the dose next time, just carry on taking as before.

#### **After taking Gaviscon Peppermint Liquid:**

If symptoms persist after 7 days consult your doctor.

### Possible side effects

Very rarely (less than 1 in 10,000 patients treated) an allergic reaction to the ingredients may occur. Symptoms of this may include skin rash, difficulty in breathing, dizziness, or swelling of the face, lips, tongue or throat. If you experience these or any other side effects stop taking the product and consult your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

You can also report side effects directly by mailing at ConsumerHealth\_India@reckitt.com. By reporting side effects, you can help provide more information on the safety of this medicine.

# How to store Gaviscon Peppermint Liquid?

Keep all medicines out of the reach and sight of children. Do not use after the expiry date shown on the pack (EXP month/year). Do not store above 30°C. Do not refrigerate or freeze.

### **Further information**

Each 5 ml contains: Sodium Alginate 250mg, Sodium Bicarbonate 133.5mg and Calcium Carbonate 80mg as the active ingredients. The other ingredients are carbomer, methyl and propyl parahydroxybenzoates, sodium saccharin, peppermint oil, sodium hydroxide and water.

This product does not contain sugar or gluten.

#### Manufactured by:

Reckitt Benckiser Healthcare India Pvt Ltd., P.O Baddi Dist. Solan-173205 (H.P.), India.

#### Marketed by:

Reckitt Benckiser (India) Pvt. Ltd., DLF Cyber Park, 6th & 7th floor (Tower C), 405 B, Udyog Vihar Phase III, Sector 20, Gurugram-122016.

**Toll Free Number: 18001035012** 

EMAIL: ConsumerHealth\_India@reckitt.com